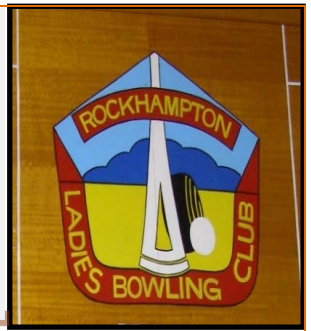




Newsletter

JULY 2022

Amalgamation 2014



Established in 1912

Newsletter Number 154

Formed in 1932

RBC 94 Victoria Parade Rockhampton. PO Box 6163 Red Hill Rockhampton 4701 Qld.

Phone 07 49221685 ABN 33649611820

Website www.rockhamptonbowls.com.au

Email bowls@rockhamptonbowls.com.au

RBC Facebook



Welcome to Rockhampton Bowls Club. Come and enjoy a friendly game of bowls in our undercover facility. We play day or night, rain, hail or shine.

Looking for a place for a Work or Social Club Function, Birthday Party, Anniversary, Wedding, Seminar, or any other celebration, look no further than the Rockhampton Bowls Club. Fully air conditioned & in the CBD area on the Riverbank.

We specialize in Barefoot Bowls, Jack Attack, BBQ, Conferencing

We are noted for great service in a friendly atmosphere.

Check out our Web Site for booking information




Michelle LANDRY MP
Working hard for Capricornia

LNP LIBERAL NATIONAL PARTY

✉ michelle.landry.mp@aph.gov.au **f** MichelleLandryMP 📞 (07) 4922 6604

Authorised by Michelle Landry MP, Liberal National Party of Queensland, 71-73 Denham Street, Rockhampton QLD 4700



Building Report

The club is finally getting back to normal with the building work being completed, the new roof on the club house, the green, the car park. After receiving some heavy rain, it has been noticed that wall flashing may need repairs or replacing, quotes are being sort to rectify the problem. I liked to thank all members for their patients while the roofing work was carried out, all went smoothly with little disruption to play.

What's on in Rockhampton ?

2022 Major Events

27th August - Capricorn Stream Punk & Pop Culture Convention - Rockhampton Show Grounds

1-3rd September - Women that Fish Barra Classic - Fitzroy River

22 – 25th September - Capricorn Food and Wine Festival – Riverside Precent

Up Coming Carnivals

8th August Diggers Fours

All members please read the Fire Evacuation Plan located at all exits





From the Top

IN MEMORY OF JOAN WILSON

It is with sadness I have recently learned of the passing of our Ladies Bowls President/ Secretary, Joan Wilson, after a courageous battle with ill health and on behalf of all Members of Rockhampton Bowls Club, convey my condolences to Wayne and Joan's family. At the July Ladies Bowls Committee meeting a period of silence was observed in memory of Joan and her contribution to our Club and in particular to our Ladies Bowls. Joan had lived a long life with varied interests and skills and had a story to tell about many of them. Rest In Peace Joan.

COVID 19 & WHERE TO NEXT

With several our members contracting COVID 19 it is plain to see the benefit of Vaccinations in providing some protection against this insidious virus which has evolved into different strains. There are also Anti-Viral medications available to ease symptoms, if taken early at diagnosis.

I have had people say that Social Distancing and Mask wearing are no longer mandated and while this is so, except in some circumstances, those two actions together with, hand washing or sanitising are simple things which we can all do to protect ourselves and others and so it should not assumed because they are not mandated they are no longer effective.

Of course, taking advantage of all TGA approved COVID and Influenza vaccinations should be high on all our lists of priorities. Doing all we can to restrict the spread of COVID and Influenza is now up to us. When we feel unwell, we should stay at home and test for COVID. If the test is positive, perhaps a call to your doctor for advice about treatment, might be helpful.

ROOF REPLACEMENT and OTHER REPAIRS

Our Clubhouse, Green and BBQ have been re-roofed in a timely manner, just before some very heavy rain revealed some other repairs needing attention. We are seeking advice and in one instance a quote to repair or replace wall flashing. We have also been advised that the Mercure Builder will be restoring the Car Park area damaged by them soon. I must remind Members once again to park thoughtfully and carefully, allowing room for clear entry and exit space for others.

FUNCTIONS

We have had quite a few functions in recent weeks, and this seems to be a trend into the second half of the year. With COVID and the influenza season taking a toll on volunteer numbers, it would be appreciated if Members could check the function board regularly to see if there is a task, date and time which would suit for you to help and add your name. This would make my job as Volunteer Manager, so much easier rather than spending several hours phoning or texting people, the week before the function.

Of course the purpose of functions is to raise funds to provide facilities and equipment and to upgrade our premises and this benefits Members and the Community. In the second half of the year, we have some large expenses, and your Management Committee is very aware of these commitments. The good news is that our Club is in a sound financial position, in no small way, because of the regular participation of Members playing bowls and the work of our Volunteers and the patience of the families of those Volunteers. Thank you all.

CARDS & OTHER GAMES

It was very pleasing to see a good number of participants at our regular Card Day in early July. This is a community activity which allows for a Social Outlet for players and provides a delicious afternoon tea to enjoy with like-minded people. Do consider coming along on the first Friday of each month. Just contact Kay Borg on 0499 888 458 for enquiries.

JACK ATTACK

Season 2 of our Jack Attack Series for non-bowlers commences on 12 August 2022. This is a shortened version of Lawn Bowls, for teams of three players, playing at the one time. All age groups from young adults to seniors are encouraged to participate.

Jack Attack is held for a shortened season of six weeks, in an abbreviated game on Friday nights. All over by about 9.00 - 9.30 pm. A delicious BBQ/Sausage Sizzle and Bar facilities are available with a meat tray raffle. This is an attractive way to wind down after the working week or a satisfying bonding exercise for groups. Teams can be male or female or combined and dressing up in fun costumes or uniforms is encouraged. To get involved, phone the Rockhampton Bowls Club on 4922 1685 or Bruce on 0407 599 720.

SERIOUS BOWLS AND SOCIAL BOWLS

Our Bowls Committees have been very busy, and no doubt will have plenty to tell about contesting for bowls superiority both within the Club and against other Clubs' Bowlers and also playing social bowls, which is as much about the company of others as the game of bowls. Rockhampton Bowls Club conducts Social Bowls days for Men, Ladies and Games involving both Men and Ladies.

The main issues with Bowls Clubs are the ageing of the Membership and increasing competition from other sports and activities. All Members can do much to encourage new members by inviting friends and relatives to consider taking up the sport. On Mondays and Fridays, the green is available for practice sessions or roll-ups and we can provide beginners lessons for those who just want to come and try. In fact, October is the Bowls Queensland, designated 'Come and Try' month and we, at Rockhampton Bowls Club will consider what event would best suit the Club to participate in this. All ideas are welcomed.

SPENDING A LITTLE TIME WITH NATURE

I feel it is a lovely time of the year to get outdoors and if you are fortunate enough to have a little garden like I have, spend a little time among the flowers and shrubs and vegetable patches, between bowls days. If you do not have a 'Green Thumb' even a walk in the sun will make your day.



Bev Johnson
Chairperson



Queensland
Government

From the Bowls Desk

Men' Club News

Best of Good Bowling for our Men's District Fours winners **Rod Black, Peter Piddock, Bill Richardson and Jeff Slater** who will represent our District in the Zone Playoff at Boyne Tannum on the 31st July.

The boys will come up against Bunderberg in the morning, if they are the winners play Port Curtis in the afternoon. Best of bowling guys.

Pennants are being played from the 6th August through till 10th September

Ladies Club News

It is with sadness that we say farewell to our Ladies Club President/Secretary Joan Wilson. The club sends their condolences to Joan's family, she will be missed by the Club. Joan was a great leader and worker for the Ladies section over many years.

Our Interim President is Val King and I am Acting Secretary until the AGM.

Our championship competitions have been completed and the winners will go on to represent our club at the District Champion of Champions events. Best of luck to all participants.

Our thanks must go to our Games Director June Shelton who is doing a marvellous job organising the games under trying conditions.

Recently there have been a couple of falls which have resulted in various injuries. Please ladies be careful when stepping on or off the green. Also if you have a problem negotiating steps or stairs, please use either the lift or stair lift. Ask someone to help if you are unsure of how to use either lift.

On a happier note, I held my Patroness Day on the 6th July. We had an hawaiian theme. The ladies (and men) looked lovely in their lais. Debbie prepared a lovely meal on the day. Overall the day was enjoyed by all who attended even though it was cold.

Patroness Glenice's Day

This year's Patroness Day finally arrived, Tuesday was busy with setting up and making sure all was ready for the next day. The room certainly looked exceptionally good and was a credit to the ladies that set it up. Wednesday arrived. Visiting Ladies gathered upstairs renewing friendships, making new ones and chatting over morning tea.

Rockhampton Ladies assembled on the green, all players were welcomed, and the cards were called.

Play commenced. I think everyone enjoyed their game as there was plenty of noise, laughter etc. coming from all over the green.

Lunch was served and was complemented on by various visitors. I wish to thank Debbie and her helpers for the preparation and serving of the meal.

Also, I would like to thank Chairperson Bev and President Bill for bringing teams even though Bill's team may have won the sportsman's prize if we had one. A special thank you must go to the men's games director Jeff who on Tuesday afternoon, rounded up an extra team within 30 minutes when a visiting team could not attend. A special thank you must go to our Barman. Noel not only entertained us upstairs but did a partial strip tease on the green when he removed his skirt.

Finally, I wish to thank Immediate Past President Val, Treasurer Pat, ticket sellers, men for helping to clean up and anybody else that assisted in any way.

Patroness Glenice



Web sites, Face Book, or advertising contact Noel or Tracey on 0749214200/0403332297.

Admin@adzpower.com.au

ADZ POWER
AGENCIES



A call out from our Club Volunteer Manager Bev, please check the function board and see if you can help at a function, all hands make light work. Place your name on the board next to the function you can give your time. These functions help fund the club and pay in keeping RBC open for bowling.

TREND INTERIORS
TILE & CARPET COURT
FLOORING | BLINDS | SHUTTERS



Thommo's Betta home living. Phone 0749263199 - Shop 7, 415 Yaamba Road, Park Avenue, Qld 4701

Duties Of a Marker – If you are marking a game, rules to remember

The Marker must:

- Centre the jack
- Make sure that the jack is at least 23 metres from the mat line after it has been centred
- Place a jack that comes to rest less than 2 metres from the front ditch as described in the law 9.2
- Stand to one side of the rink, behind the jack and away from the head
- Answer any specific question about the state of the head which is asked by the player in possession of the rink
- When asked, tell or show the player in possession of the rink which bowl or bowls the marker considers to be the shot
- When authorised by the Controlling Body, signal to players or spectators (using the appropriate number and colour of the shot indicators or some other suitable method) which player's bowl or bowls the marker considers the shot
- Mark all touchers with chalk and remove the chalk marks from the non-touchers as soon as they come to rest
- Stop any bowl that is from a neighbouring rink and could move a jack or bowl that is at rest:
- if both players agree, remove all dead bowls from the rink of play
- mark the position of the jack and any touchers which are in the ditch as described in law 14.4 and 18.2
- not move or cause to be moved either the jack or bowls until players have agreed the number of shots scored and
- measure any disputed shot or shots when asked to do so by either player. If the players are not satisfied with the markers decision, the marker must ask the umpire to do the measuring. If the Controlling Body has not appointed a umpire the marker must choose a competent neutral person to act as the umpire. The umpire decision is final
- **When each end has been completed the marker must:**
- Record the scores on the score card
- If scoreboards are not being used tell the players the running totals of the scores, and
- Remove from the rink the mat used during the previous end , if necessary
- **When the game has been completed, the marker must make sure that the score cards**
- contains the names and signatures of the players
- contains the time at which the game was completed; and
- dealt with the line with the Conditions of Play

The Club is open for bowls on the following days:

- Monday** Roll up after 9am
- Tuesday** Mixed triples starting 1pm
- Wednesday** Ladies starting 12.00pm
- Thursday** Men's starting 1pm

- Saturday** Social starting 1pm
- Sunday** Social starting 1pm



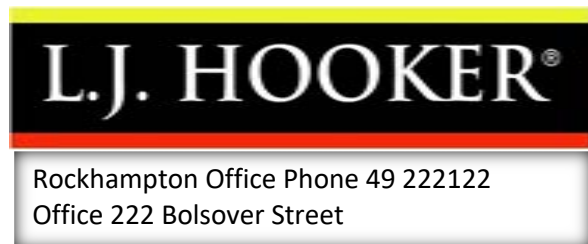
-COVID-

Covid is still very much in our community so keep safe by washing or disinfecting hands. Please continue to clean mats and jack after use.



Up and Coming Club Events:

FOR INSURANCE – PLEASE SIGN IN WHEN ENTERING THE CLUB



manager@mercurerockhampton.com.au
[074994500](tel:074994500)



One of the Club's great Members, **Les Fulwood** passed recently. Les joined the club in 1965 and elected to be on the Club's Committee in 1972.

Some years later his bowling ability was recognised by the Club's Committee and an invitation was given to Les to be the Coach of the Club. Les took this seriously and received his coaching certificate on the 21st of May 1980. Les was the Club's Coach in 1980 to 1982. 1994 to 2003 Assistant Coach 1984 to 1993.

Mr Fulwood took an active role in the administration of the Club and had the following positions.

- Competition Director 1993 to 1995
- Selection Committee 1995
- President 1996
- Senior Vice President 1998
- President 1999
- Club Selector 2001 and 2002
- Committee Member 2001 to 2009.

In 1999 when Brian Hegarty was away on holidays, as President of the Club, Les did all the groundwork in the building of the synthetic green and the roof.

Besides being experienced in the administration of the Club, Les was not idle on the green. What Les achieved in bowls was amazing. Teaming up with his wife, Pat their achievements were even more amazing.

Mr Fulwood was awarded a Life Member of the club in 2000

Les Fulwood's bowling record is as follows.

- B Pairs 1965
- B Singles 1979
- A Singles 1974, 1977, 1985, 1989, 1994, 2000, and 2005
- A Pairs 1986, 1987, 1988, 1992, 1994, 2001, 2017
- Triples 1980, 1982, 1986, 1997, 1999, 2007, 2014, 2015, 2017
- Fours 1981, 1983, 1984, 1985, 1986, 1989, 1991, 1992, 2003, 2004, 2005, 2011, 2014, 2015
- District Pairs 1981
- District Fours 1094
- Cousins Memorial Fours
- Alf Smith Memorial Fours
- Maroochy District Bowls Association Fours 1983.
- Mixed Pairs 1976
- Mixed Pairs with Pat Fulwood 1980, 1983, 1989, 1991, 1996, 2001, 2002, 2007
- Mixed Fours 1994, 2001, 2005, 2011, 2014, 2015
- TAA Milne Brothers Mixed Fours 1984
- Easter 1000 Mixed Fours 1992, 1993
- Bargara Mixed Fours 1995
- City of Harvey Bay Mixed Fours 1996
- DC Hyundai Mixed Fours 2007
- Diggers Memorial Mixed Fours 1998

Besides all these wins, Les was runner-up on several occasions. Les helped many new bowlers with very sound advice even when he was not coaching.

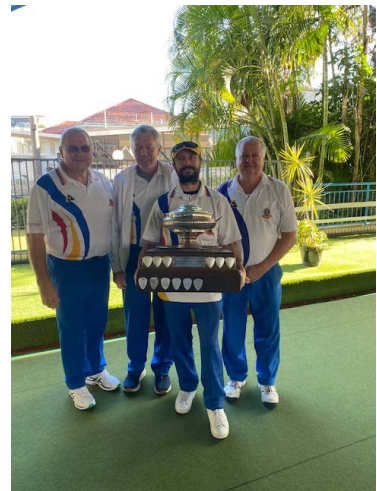
Les although being rather quiet and reserved was always willing to give advice to anyone that asked for advice. Les will be remembered as a great Member, Life Member and a person that gave his all to the club.



Capricornian Prestige Fours

On Saturday 2nd July the club held the Capricornian Prestige Fours Carnival. This carnival was proudly sponsored by our Local Capricornia Branch Bank. There were fourteen teams playing, several away teams from Calliope, Emu Park, Victoria Park and Yeppoon, leaving the remaining teams from RBC. The results for the carnival was:

First	R Sanders, C Magee, G Hudson E Gregson.	3 wins 32 ends + 54
Second	K Bussey, C Davidson, P Lawton, N Roberts	2 wins Draw 25 ends + 25
Third	B Gottke, J Moran, P Tyler, R Boadle	2 wins 29 ends + 10
Forth	I Lester, P Pidcock, W Richardson, J Slater	2 wins 27 ends + 9
Fifth	F Jenner, P York, B Ballentine, G Sues	2wins 26 ends + 9
Lucky Draw.	B Vanzendan, L Farr, M Holdstock, J Quinn	



WHAT MAKES A CHAMPION TEAM?

BY BQMEDIA

By Jacqui Hineman

This month we are going to explore what makes a champion team and why a champion team can beat a team of champions.

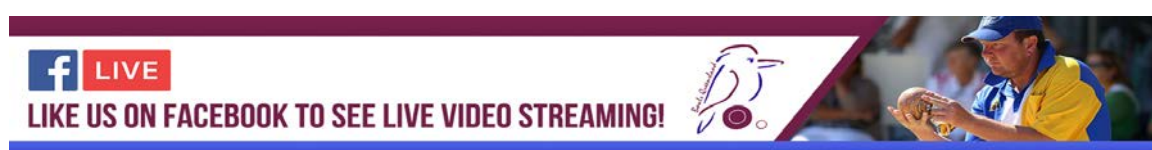
While selectors select individuals to play together, it is the actions of these individuals that make or break a team. The adage 'the whole is more than the sum of its parts' highlights the importance of looking at the bigger picture and remembering the common goal of the team. In a team, no-one is more important than anyone else. Everyone has a role, everyone's position is important, and every bowl played has a purpose. We have all seen teams where negativity and doubt have contributed to team disharmony and team performance. On the flip side, other teams seem to be in synch and everyone works together in a positive way. These teams are a joy to watch.

There are four steps that teams need to take before they can successfully work as a well-oiled machine. These steps are known as forming, storming, norming and performing.

- **Step 1 Forming**
The forming stage begins once selections have been made and individuals have been notified of their playing position within the team. The selectors have formed a team of individuals who they feel will work well together. It is now up to the players and coaches to transform the group of individuals into a team.
- **Step 2 Storming**
After the forming stage, the storming stage begins. This is when everyone has a say in their role within the team as well as deciding the collective goals of the team. Each team member should be encouraged to have input into discussions as this will help the skip get to know each player better. This stage is where strengths and weaknesses of players are acknowledged and shared goals are set.
- **Step 3 Norming**
The norming stage is when individuals work together to establish a set of standards and patterns, or norms that are recognised and accepted by all team members. These norms are unique to each team and provide all players with a sense of belonging. This is the time to establish a game plan, so that each player knows their role and what is expected of them, not only in the position they play, i.e. skip, lead, but also as a supportive and positive team mate. It is at this stage that team culture is developed.
- **Step 4 Performing**
The team has now reached the performing stage. The team has to put into practice what has been learnt while working through the various stages.

A group of individuals, who may not have played together before, are now a team with the information and skills to play in a collaborative and cohesive manner, while working towards a common goal.

TEAM – Together, Everyone, Achieves, More



Invest with a
TERM DEPOSIT

Feel confident knowing how much your money will return.
3, 6, 12 and 24 month terms available.

the capricornian
savings | loans | insurance

Call 1300 314 900 | www.capricornian.com.au

Eligibility criteria, terms and conditions, fees and charges apply.
The Capricornian Ltd ABN 54 087 650 940. AFSL/Australian Credit Licence 246780.

Sponsoring the Rockhampton Bowls Club for 38 years



Our games Director – doing what he does best, Thank Jeff

JACK ATTACK

COMING AT YOU FROM:
Rockhampton Bowls Club
94 Victoria Parade, Rockhampton
www.rockhamptonbowls.com.au

SEASON TWO: 12 Aug - 16 Sep

DATE, TIME & DETAILS:
From 12 August to 16 September on
Friday nights commencing at 6.00pm.

Register by email to:
bowls@rockhamptonbowls.com.au
Phone line Club: 4922 1635
or phone Bruce: 0407 599 720

Proof of COVID Vaccination will be required.

ROCKHAMPTON BOWLS CLUB INC

the capricornian
community owned banking

READY TO PLAY?
REGISTER NOW

BOWLS AUSTRALIA | SPORT AUS | JACK ATTACK



Check out our Facebook page for all Club information - Club Events, Club Photo's, Links to Bowls live streaming, Draw info and results.

