



### Check out our Facebook Page Rockhampton Bowls Club

Welcome to Rockhampton Bowls Club. Come and enjoy a friendly game of bowls in our undercover facility. We play day or night, rain, hail or shine.

Looking for a place for a Work or Social Club Function, Birthday Party, Anniversary, Wedding, Seminar, or any other celebration, look no further than the Rockhampton Bowls Club. Fully air conditioned & the CBD area on the Riverbank.

We specialize in Barefoot Bowls, Jack Attack, BBQ, Conferencing

We are noted for great service in a friendly atmosphere.
Check out our Web Site for booking

information

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Phone: 07 49221685

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Website: www.rockhampton.com.au



#### **CLUB PLAYING DAYS AND TIMES**

Monday Roll up after 9amTuesday Mixed triples starting 1pmWednesday Ladies starting 10.00am

Thursday Men's starting 1pm

**Sunday** Social starting 1pm

#### **Club Events**

26th March Mercure Hotel Afternoon

2<sup>nd</sup> April District Mixed 8's Final RBC

16<sup>™</sup> April Harrup Shield YBC

25<sup>th</sup> April Diggers Triples

# TREND INTERIORS

# **TILE & CARPET COURT**

FLOORING | BLINDS | SHUTTERS

Need help with Blocked Drains

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#### **MEMBER NOTICE**

If you are having difficulty in using the stairs

Please use the LIFT it

is there for your safety.

Instructions on use are clearly marked

All members please read the Fire Evacuation Plan located at all exits.



# News from the Chair



Hi members and fellow bowlers

Bowls competitions have commenced and there has been some great bowls being played and some interesting outcomes.

An update on our ongoing Telstra issues is that NBN Co need to replace 60 metres of defective cable to reconnect our telephone line. We have been in contact with Michelle Landry's office who have assisted in escalating our matter with Telstra and have since been advised that our issue has now been given a code red priority. We have regularly been in contact with Telstra's Customer Complaints Team however we are still waiting for a planned date from NBN Co to advise when the work will commence to replace our telephone cable. It has been two months since we lost our clubs communication line, so it has been a very poor response from both Telstra and NBN Co. Unfortunately, Bev Johnston is still taking all of the clubs calls until this issue has been resolved.

On a happier note, we have had some good news regarding club sponsorship and are excited to receive \$3,000 from Access Recreation. Access Recreation has over 30 years of knowledge and experience providing support for people with a disability, within Rockhampton and the surrounding areas. This is a great boost to the club's coffers and how this money will be utilised by the club will be discussed at our next meeting on Monday 27th March.

Our insurance claim for hail damage has finally been completed with the last payment for the replacement of the awning between the club house and the roof over the green. Jeff Slater has engaged Trueline to complete this work as soon as possible.

We have another proposed new club member, Stan McConochie which will be the 8th new member into the club this year.

Our club functions have continued to be successful with two more held in February/March. There are another two functions planned for the remainder of March and three more planned for April. Many thanks to all those who have contributed their time and support to make these event's a success and to those who have their names down for future functions. These functions are extremely important for our club in revenue raising efforts to maintain a sustainable club.

A big thank you to everyone for paying your membership fees for 2023, I believe there are no outstanding fees.

Last but not least, I would like to impress on all bowlers to be careful on the green and in the club house as any accident or incident is one too many.

Syd

# From the Bowls Desk

#### Men's Desk

This month we will see the Men's Presidents Day to be held on the 12<sup>th</sup> March, as I will be away our Chairman Syd will oversee the day. I thank Syd for stepping in on my behalf.

The Club will host the CQ District Pairs competition on  $17 - 19^{th}$  March. If you have a spare day, come on down and support our RBC teams playing in this event.

Mercure Hotel sponsored afternoon will be held on the 26<sup>th</sup> March, we thank Mercure for their ongoing support of this event and our club.

#### Bill Richardson

#### **Ladies Desk**

I would like to thank Syd O Sing our Chairman (Management Committee) for attending our February meeting explaining where our club is heading into the future, the ladies were very appreciated of the information received.

I will be holding my president's day on the 19<sup>th</sup> March, invitations are in the process of being sent to district clubs and members.

As the Ladies were without a secretary due to the resignation of our elected secretary the position was open to the floor, we wish to congratulate Bev Johnston on her election to this position.

I wish to thank my team who represented the RBC Ladies at our recent Men's president's day, myself, Marion Dobbs, Clen Magee and Graham Hudson.

Our members, Ann Thomas, Marion Dobbs, Sharon McConochie, Kay Borg, Bev Johnston, Barbara Friesachner and I Rosemary Rumpf represented our club at the CQDLBA Shield played at Diggers Memorial Bowls Club on the 13-14<sup>th</sup> March. We did not come away winners but thoroughly enjoyed playing and representing our club.

Rosemary Rumpf





Located at Level 1 – 80 Denham Street, Rockhampton 4700



Thommo's Betta home living. Phone 0749263199 - Shop 7, 415 Yaamba Road, Park Avenue, Qld 4701

#### **Veteran Singles**

The Men's Club Veteran Singles was played between Andy Johnson and Clem Magee with this year Andy becoming the winner for 2023. We congratulate Andy on his win.



Some of RBC members went to dinner early this month to celebrate a birthday. The lovely Lady in question was Miriam Black. RBC members wish Mariam all the best for her birthday.



#### **Live Life Shield**

The first round of the shield was played at RBC on the 26<sup>th</sup> February. This shield is played each year between Rockhampton Club and Gracemere Bowls Club, sponsored by the Live Life Pharmacy in Gracemere Shopping Centre. We thank the Pharmacy for their support over the past six years, hoping their support will continue as this event captures the enjoyment of bowls by both clubs, with a little rivalry in the mix. From close inspection of the trophy am I right in saying RBC has the winning upper hand. The event is played over two sections with RBC in the lead after the first play off. The winning teams with the most ends won from each club. Congrats to all players on the day.











#### **Bowls Rule of the Month**

This month I was asked to check on the rule relating to a skip giving directions with their foot, well there is a rule to cover this, in normal terms and the ruling from the Laws of the Sport.

First the easy way to explain is: the skip is marking jack high with their foot, as soon as the bowl has been delivered they must remove, but if the skip is marking behind the jack they may leave their foot until the bowls comes to a stop, then the mat is in control by the opposing team.

This is covered in the rule book under Section 1.3 - Possession of the Rink -

12.1.3 As soon as a bowl is delivered, a player who is controlling play from a position that is level with or in front of the jack, must take their position as described in law 12.1.2 behind the jack if they are members of the team which is in possession of the rink.





Web sites, Face Book, or advertising contact Noel or Tracey

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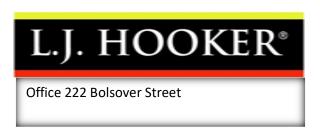


Covid has raised its head again, keep safe by social distancing, washing hands, masks.













#### **RBC Men's Presidents Day**

The Club celebrated the Men's President Day on the 12<sup>th</sup> March, I have been told this was an pleasurable day. It was disappointing that our Men's President Bill Richardson was not there to celebrate his day, but I think Moyna and Bill are certainly enjoying their time away traveling around Tasmania. The Day started with our Chairman Syd O'Sing welcoming all the teams and visitors to the Club. Play got underway with a 18 -end game followed by lunch then finishing with a 16-end game. The club thanks all the volunteers for their time preparing and serving the lovely lunch and bar service for the day. After the results were compiled, the winning team was from Emu Park (G Van Latham, D Pearson, B Heath and A Barrow) with two wins. Second was the CQ team of (D Hatfield, I Lenham, M Browning and S Farmer) with one win and one loss. The sportsman prize went to the team represented Wowan (S Petrie, R Armstrong, A Besch and B Hyden) with no wins.











## FEBRUARY CEO REPORT - BOWLS OLD

with Brett Wilkie

Another exciting year of bowls has commenced with the QLD Junior State Championships completed and summer competitions underway. All the best to districts, clubs and members across the State for the year ahead.

Nominations closed on January 27 for the role of President and two Board Directors on the Bowls QLD Board. Details of nominations received will be in the March Bowler and the Bowls QLD AGM will be held on Wednesday, March 22.

Bowls Queensland is pleased to announce that ACEIT has agreed to continue their partnership with Bowls Queensland for another term. ACEIT has been providing BQ with high quality apparel and service since 2019. We value our relationship and look forward to working with ACEIT to fit out our representative players, board, committees and staff.

Well done to all juniors in this event on their performance and sportsmanship displayed, this was a real credit to themselves, parents/carers, coaches and everyone else involved. Numbers were up by 13% this year which was great to see and the introduction of the Under 12 Open Singles was well received.

Thank you to the parents/carers/family/coaches/ clubs and districts who supported the juniors to attend this event. Thank you to Des Kemp, Chair of the Burnett Bowls Club and Bundaberg District Junior Liaison for his assistance along with volunteers and staff from the Burnett, Across The Waves and Bundaberg Bowls Clubs. Well done to our Match Committee and BQ Staff for co-ordinating and running this event, also to BQ's Umpire and Selection Committee for their time and effort at these championships. Congratulations to the eight girls and eight boys selected in the 2023 QLD Junior Squad (see page 5).

Thank you to the Bundaberg Regional Council, Arcon Metals Recycling, West Bundaberg Pharmacy and Macadamias Australia for their sponsorship of this event. All six days were live streamed, thank you to Robbie Allan, Brian Marshall and Bruce Kirk for providing this service.

This new initiative was announced during January and included a presentation by Bowls Australia QLD Pathways Coach Lynsey Clarke to participants, coaches and support crew at the QLD Junior State Championships. Well done to Lynsey and the BQ Coaching Committee who are working together to introduce this new program to our rising stars of the sport in QLD. Coaching Committee Co-ordinator Alan Thorp

and Selection Committee Co-ordinator Christina Pavlov also did a presentation at the QLD Junior State Championships entitled Coaching Pathways, which was well received.

Expressions of Interest are open for any clubs interested in nominating to host the following Bowls QLD events: 2023 State Champion of Club Champion Finals Series; 2023 State Pennant Finals; 2023 8-a-Side Mixed Event; 2023 State District Mixed Pairs and 2024 Junior State Championships. Expressions close on February, 13.

The 2023 State Championships Finals, with \$50,000 prize money, will be held at Coolum Beach Bowls Club on the Sunshine Coast from May 8-21, 2023. Bowls Queensland would like to thank the Sunshine Coast Council and the Coolum Beach Bowls Club for their support of this event to be held in the Sunshine Coast Region.

The 2023 District Sides Championships will be held at Coolum Beach, Club Kawana, Club Maroochy, The Waves Caloundra and Tewantin Noosa Bowls Clubs from May 3-6, 2023.

# **CQDLBA Shield.** (Molly Bradford)

Our Ladies section represented RBC at the CQDLBA Shield played on the 13<sup>th</sup> – 14<sup>th</sup> March at Diggers Memorial Bowls Club. Then team was made up of seven players, playing in Singles, Pairs and Fours. Our team was made up of the following: A Thomas Singles, M Dobbs and S McConochie Pairs, and finally K Borg, Bev Johnston, B Friesachner and Rosemary Rumpf Fours. The Ladies came away with one win and two losses against Yeppoon, the scores were very close in all games. After the final round of competition, Victoria Park came out on top with Gracemere Ladies runner up.





#### Secrets to singles success playing Lawn Bowls

**Success Playing Singles** 

#### 1<sup>ST</sup> BOWL SETS THE TONE

The single most important bowl each end playing singles is not necessarily the last bowl, but concentrating and focusing hard on delivering a good 1<sup>st</sup> bowl of the end can set the tone for the remaining bowls to follow. Not only will a good 1<sup>st</sup> bowl give you confidence and provide the upper hand but also increase the pressure on your opponent from the beginning of the end. A really good draw shot with your opening bowl followed by a good draw shot with your second will put you in charge of the end and can lead opponents to 'chase' or revert to risky attacking shots. After two good opening bowls and one or two wayward openers from your opponent, the percentage of scoring multiples increases and therefore also your chances of winning the battle.

#### **BE HAPPY TO CONCIDE ONE SHOT**

Sometimes during a game, the risk of playing a shot does not weigh up to the reward it could provide. Mentally having the ability to take a step back and assess the risk v reward scenario is a great ability and strategy to have in your locker, especially when you are all alone playing singles. Conceding one shot can be just as rewarding as scoring one shot, not falling into the trap of playing risky shots to win the end and providing cheap/easy additional shots to your opponent. Avoiding conceding multiple shots in singles play is an ability and strategy to increase your success rate and become a fierce singles competitor.

#### **DRAW SPECIALIST**

Analysing the type of shots played during a singles game uncovers that the vast majority of shots played are draw shots and off-set draw shots (jack off the centreline). This puts a huge importance on becoming an expert at draw shots with the ability to play other types of shots but not having to master them all.

. <u>PRACTICE TIP</u> – Practice with two bowls only or play 2 bowls singles games as preparation trying to replicate strong focus and concentration on the  $1^{st}$  and  $2^{nd}$  bowl





# Michelle LANDRY

Federal Member for Capricornia

# Working hard r Capricorhia

Please contact my office if you need assistance with Federal Government managed organisations including:

- Centrelink Payments
- Aged Care and NDIS
   Australia Post
- Immigration and Visas
   Veterans Affairs
- NBN/Telstra
- - any other matter.



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