



ROCKHAMPTON BOWLS CLUB INC



JULY 2023 Edition No 164



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Welcome to Rockhampton Bowls Club. Come and enjoy a friendly game of bowls in our undercover facility. We play day or night, rain, hail or shine.

Looking for a place for a Work or Social Club Function, Birthday Party, Anniversary, Wedding, Seminar, or any other celebration, look no further than the Rockhampton Bowls Club. Fully air conditioned & the CBD area on the Riverbank.

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Website: www.rockhampton.com.au



CLUB PLAYING DAYS AND TIMES

Monday Roll up after 9am

Tuesday Mixed triples starting 1pm

Wednesday Ladies starting 12.00am

Thursday Men's starting 1pm

Sunday Social starting 1pm

Need help with Blocked Drains

Call 0408 433922



Club/District Events

5th August to 9th September Men's Pennants

11th Ladies Capricorn Invitation Fours

30th September Betta Home Living Mixed 4's

MEMBER NOTICE

If you are having difficulty in using the stairs

Please use the **LIFT** it

is there for your safety.

Instructions on use are clearly marked

All members please read the Fire Evacuation Plan located at all exits.



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News from the Chair



Hi Members

Congratulations to our Zone 6 CQDMBA Champion of Champion pairs winners Graham Hudson and Clem Magee. Also to our CQDLBA Champion of Champion triples winners June Shelton, Sharon McConachie and Marion Dobbs with Marion Dobbs and Sharon McConachie being runner-up in the Champion of Champion pairs. Just shows the strength of our bowlers in the club.

You may have noticed that the replacement of the awning between the club house and the roof over the Green has commenced by Trueline, unfortunately they struck some deterioration of the fascia which will need to be removed and replaced before recommencing.

We are still waiting for the builder to provide some plans for the downstairs toilet alterations to include a disabled toilet. Once received and quote's obtained, we will be seeking a grant to assist in performing this upgrade. We have been advised that some grants are available for this type of project.

Our grant application for the bituminisation of our Carpark is still being assessed and hopefully we will receive some favourable news in the near future.

Many thanks to our volunteers who have assisted our club successfully host 6 functions in June and another 6 functions in July. These functions have provided a significant boost to our working funds to perform the upkeep of our club.

At our last meeting we have approved the new uniform which is the Design1 Shirt/Top with Royal Blue Pants/Bottoms for both men and ladies. We have sent an application to CQ for approval and registration with Bowls Queensland, once approved we will place orders to purchase your requirements. Jeff Slater has already commenced a list to take orders.

Syd
Chairman

From the Bowls Desk

Men's Desk

I would like to thank all who helped in any way make The Capricornian Prestige Fours Day a great success, to the scoring by Bill Dobson and Bev in the bar.

We thank Bruce Ballentine for his green fingers and getting the front garden back from the dead, with the watering system and weed control.

Next month starting on the 5th August is when Pennants start so all those who have placed interest in playing keep our eye out for the games director team selections, showing times and playing venues, if you are unable to play please advise Jeff ASAP.

Second Division Pennants is still under view to change but still waiting on CQ Ladies for their decision on mixed for this division. This would allow clubs with small member base to compete in this level of pennants.

As you are all aware the club uniform has been changed after consultation with members, the committee is in the process of getting the design approved by district and Bowls Qld. Once approval is obtained then shirts will be ordered, please see Jeff if you are wanting to order.

Bill Richardson

Ladies Desk

The ladies are finally coming to the end of Championship Competition for the year with the playing of the finals at Diggers on the 17th -19th July. We are very proud of the way our Ladies played and represented the club. The combination of Marion Dobbs and Sharon McConachie came out runners up in the Ladies Pairs, and the combination went one better with the help of June Shelton took home the badges for the winners of Triples.

Congratulation to all the ladies who played and represented the club.



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NEW CLUB UNIFORM

AS YOU KNOW THE COMMITTEE HAS APPROVED THE NEW CLUB UNIFORM. THE CLUB HAS SUBMITTED OUR DESIGN TO CQ DISTRICT MEN'S/LADIES AND THEN BOWLS QLD FOR APPROVAL.

ONCE APPROVAL IS GRANTED JEFF WILL ORDER THE SHIRT – PLEASE PLACE YOUR ORDER IF YOU REQUIRE A SHIRT.

PLEASE NOTE: ONCE APPROVE THE CLUB BOTTOMS (SHORTS-SKIRTS ECT) WILL BE ROYAL BLUE FOR ALL CLUB MEMBERS

Level 1 – 80 Denham Street
Rockhampton QLD 4700 PH:49
227151 enquiries@accessrec.org.au



Two teams of our Ladies represented the club at the Diggers Ladies Fours Carnival, unfortunately only one team came home with the money as they both had two wins but with margins determining the fourth place. Seems the team holding the envelope took the money.



Bowls Rule of the Month

Below are the new by laws relating to the change in District Pennants for Bowls Qld.

Please be advised that the Board of Bowls Queensland have recently updated the Bowls Queensland By- Laws which is effective from 26 April 2023.

The changes to this document have occurred in Clause "12 BOWLS QUEENSLAND COMPETITIONS", Sub Clauses 12.3(b) and 12.4, with new wording listed below.

3. 12.3 (b) If approved by the District, a Pennant Permit remains in place until all Qld Districts Pennant seasons in the calendar year ends, and of which a player is not eligible to play Pennants for their Registered Club or another club in Qld until the Pennant Permit expires. Note: All Pennant Permits expire at the end of the Calendar year.
4. 12.4 Pennant and Mixed Pennant

12.4.1. Pennant competition at any Districts having a Division one (1) will remain as a separate gender competition.

12.4.2. Division 2 and below are not pennants that continue onto representative honours of which may be separate gender competitions.

12.4.3. Pennants may be played within a District as mixed (side comprising female and male players) pennants provided.

(a) The District is a unified District i.e. One association combining all genders or in accordance with (b) Districts registered with BQ as separate Ladies or Men's District Associations may on agreement of the respective District Associations conduct mixed or open pennant competitions.

Note: All players must be registered with BQ as members of a Mens or Ladies club within the District or have a current registered pennant permit.



Thommo's Betta home living. Phone 0749263199 - Shop 7, 415 Yaamba Road, Park Avenue, Qld 4701

RESULTS OF THE LADIES DISTRICT CHAMPION OF CHAMPIONSHIP

CQDLBA News

Champion of Champions District Level was played at Diggers on 17 - 19 July. Our club champions acquitted themselves very well at this level, playing some fantastic bowls.

Our Singles representative was Bev Johnston. Bev was unlucky to have to play Ann Mooney from Gracemere.

Bev got off to a very slow start and it wasn't till end 9 that she started to recover. She was catching Ann when the rain came down and stopped play. When play resumed Ann took the initiative and grabbed the 3 shots she needed to win.

Well played Bev.

The final was played between Penny Field, an RBC Associate member representing Yeppoon and Debi Petersen from Emu Park. Penny got up 25 - 17.

Well done, Penny.

Next up were the Pairs. Our representatives were Marion Dobbs and Sharon McConochie. They had a bye first up then played Victoria Park.

They won the first two ends then things were a bit tight for the next 9 ends with the score 16 - 15 after 11 ends. Then the girls rallied; 12th end 4 shots; 13th end 3 shots; 15th end 6 shots 16th and 19th end 3shots. Victoria Park finally scored 1 shot on the 20th end. The final score was RBC 40 defeated Victoria Park 16.

This put the pair into the final where they played Diana Vaughan and Myra Wilson who got up by one shot over Diggers team of Kay McCrohan and S Fern.

Yeppoon got their noses in front on the 3rd end when they scored a 6 and followed with a 4. Then Rocky got a 4 back on the 5th end and a 3 on the 8th end.

Then on the 11th end, THE GIRLS SCORED AN 8. Yes, an 8 which put them in front by 4 shots. BUT Yeppoon fought back to win the next 6 of 7 ends to be 11 shots in front. The final score was Yeppoon 31 defeated RBC 22. One wonders if that 8 went to their heads?????

One good thing came out of it, they were presented with an 8 badge.

Congratulations Yeppoon. All four played exceptionally well.

Now let's look at the Fours.

RBC was represented by Bev Armitage, Sue Lane, Ann Thomas and Leonie Tomkins.

First up they played an Emu Park team skippered by A Barrow

RBC went to the front on the 3rd end when they scored a 4. Emu Park fought back and by the 9th end were leading by 1. Both teams were neck and neck till RBC scored 4 on the 13th end to be up by 4 shots. RBC then scored 3 on the 17th to be up 16 - 12.

Final score RBC 19 defeated Emu Park 14. Great game ladies by both teams.

Next game was against a Yeppoon team lead by Elly Batts.

RBC started well to be 6 up after the first 3 ends. After the 5th end we were still up 7 - 3. Then Yeppoon got a 2, 4 and 3 to be up 10 - 7 after 8 ends. Rocky then won the next 2 ends, lost 11th, won 12 and 13 and lost 14 to be tied at 13 all. Rocky won 2 more ends 15 and 19 but went down 16 - 21. Rocky played their hearts out. Great game

Final was played between Yeppoon and Victoria Park with Yeppoon coming out in front 23 - 18. Again, another great game.

Finally, the Triples.

RBC was represented by Marion Dobbs, Sharon McConochie and June Shelton.

The team had a bye first up, then played Victoria Park.

There was very little between the teams until the 12th end when RBC got 6 shots. Victoria Park fought back with a 3 on the 15 then Rocky followed with a 3 too.

Final score was RBC 26 defeated Victoria Park 18. This game was a lot closer than the score suggests.

Wednesday morning came the final against a Gracemere team of L. Fullerton, J. Godsmark and Ann Mooney.

Rocky started like a Bondi tram, with a 6 and a 3 on the first 2 ends and were never headed. Gracemere scored a 3 on the 14th end and 1's and 2's on 7 other ends. Luck was not on their side, it didn't matter how hard they tried.

Rocky were never headed winning 10 more ends with a high of 5. The girls could do no wrong, they played magnificently.

Final score was RBC 32 defeated Gracemere 12.

Congratulations to all RBC players. You did your club proud by the way you played and the way you carried yourself during the competition.

By Glenice



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CHARACTERISTICS OF A SUCCESSFUL FOURS SIDE

1 – TEAM COHESION/CULTURE

Creating and sustaining a positive culture within your four is a must for any aspiring team. Even though this is a key aspect to success, it is often one of the hardest aspects to achieve and also to maintain. A critical part to achieving a positive and successful team culture is to have clear goals and expectations for the team of four (or 12 or 16).

Success or failure can hinge on ALL players, coaches and selectors aligning to the same goals and expectations, envisioning what they are trying to achieve over that game, tournament, or season and how they are ALL going to play their part in achieving the goal.

For example, at the start of a season a team may set a goal to become regional winners. The expectations set by the team may be that each player arrives 45 minutes prior to the start of each game allowing time to focus, take part in one practice session each week and/or only positive and supportive comments throughout each game.

2 – KNOW YOUR ROLE

Regardless of the position you play in a fours team, in order for your team to succeed you must understand what is required of you not only from a technical (shots to play) position but also your role from a tactical / supportive / strategic point of view.

For example, we will explore someone playing second.

Playing second you will generally play more off set draw shots (jack not on the centreline) than draw shots (jack on the centreline). Also you may be required to play the random up-shot or drive (not many, but you should be able to play the shot if required).

By understanding that this is generally what type of shots you will be playing at second, your practice sessions should be tailored to these shots you may be required to play. A 30-minute practice session incorporating off-set draws, a few up shots and couple of drives will be more beneficial than a two hour practice session drawing to jacks on the centreline.

A key non-technical role of the second (not just marking a card or turning the score board) is providing support to the lead. Words of encouragement from the second to the lead, especially if they are playing poorly can be a huge confident boost to a player struggling. Getting the best possible out of each player on the day is not solely up to the skip but is a role all players of successful team's share.

Whether its skips 'saving' the glory shots for themselves, leads skipping from lead or thirds berating their skip because they think they should be skipping..... we have all seen it on the

3 – NO EGO'S – JUST ULTIMATE TEAM PLAYERS

bowling green. Like other team sports ego's can sometimes take over and cause friction and negative culture within a team environment.

Having a high ego is correlated with a high self-esteem and inflated sense of self. Now, there is nothing wrong with a high self-esteem. In fact, we need high self-esteem, self-confidence, and self-belief, to be able to give our best performance. But, when we don't focus on acknowledging and building on our weaknesses, that is when self-belief becomes falsely inflated, creating an 'ego' and an unsuccessful team environment.

Help reshape ego-orientated behaviour by recognising the times when the bowler acts in a way that is not ego-based. Reward the right behaviour with praise and reinforce the benefits of such team-orientated behaviour.

ZONE6 CHAMPIONSHIP PLAY OFF

The club would like to congratulate our Club members Clem McGee and Graham Hudson on winning Zone 6 of the Champ of Champ Pairs over Monto 22/20. By all accounts this was a very tight fought match coming down to the final ends when CQ got up to take the win. The guys will go onto the Sate Comp played latter in the year.



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RBC CAPRICORNIAN PRESTIGE FOURS

The club hosted our Annual Capricornian Prestige Fours on the 1st July. The green was a sea of players enjoying the event, playing a total of three games for the day. Our major sponsor The Capricornian is the sponsor of this carnival, and we thank them for the support they give the club in funding several events over the year. To all the teams who came to make this event a success we thank you and hope you keep supporting this event into the future.

Winner	D. Hatfield R. Stone G. Kington B. Freeman	3 wins 26 ends + 20
Second	R. Ewing G. Kinnear M. Holdstock G. Lund	3wins 26 ends + 19
Third	N. Roberts M. Hagen P. Tyler R. Wellings	2 wins 29 ends + 19
Fourth	R. Loader K. Smith B. Griffiths T. Ahearn	2 wins 27 ends + 7
Fifth	P. Homes S. Harris M. Hay I. Lenham	2 wins 26 ends + 9
Lucky draw	K. McDonald L. Curtis K. Martin N. Pasco	



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Michelle **LANDRY**

Federal Member for **Capricornia**

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